A program of
Regional Economic Community
Action Program
40 Smith Street
Middletown, NY 10940
(845) 342-3978
www.recap.org
A 501c3 not-for-profit anti-poverty
organization established in 1965
Weatherization
Energy Conservation
Orange County Fuel Fund
Head Start
Nutrition & Advocacy
Supportive Housing
Substance Use Disorder
Fresh Start Café
Orange County Reentry
Neighborhood Preservation
Newburgh Services
Our mission is to mobilize and coordinate
public and private resources to address
the basic needs of low-income people and
assist them in attaining the skills,
knowledge, motivation and opportunities
needed to become economically self-
sufficient.

“Feeding People.
Changing Lives.”
Established as part of RECAP’s welfare to work initiative, we are a job readiness program designed to help individuals on public assistance gain skills and confidence to succeed in today's job market.

Under the guidance of culinary staff and using a restaurant setting, trainees learn culinary techniques used in a variety of restaurant positions, as well as customer service techniques and standards that translate across the service industry.

Our focus isn’t limited to kitchen skills, but includes training and hands-on experience with teamwork, communication skills, conflict resolution, time management, and job interviewing.

Continuing the mission of RECAP, Fresh Start hopes to bring economic revitalization by helping to reduce poverty and unemployment.

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Breakfast
Egg sandwiches, breakfast wraps, scrambled eggs, pancakes, French toast, southern biscuits, fruit salad, bagels

Lunch
Soups, salads, chili, classic deli sandwiches, burgers (beef, turkey or veggie), grill favorites with wings & fries, sides. Weekly specials!

Desserts
Pastries, Danishes, muffins, turnovers, brownies, croissants, muffins, scones, and the popular coconut brownie Magic Bars!

Breakfast Catering
Coffee, tea, juice, bagels, apple turnovers, cheese Danishes, muffins (banana nut, blueberry, chocolate chip, orange cranberry, apple cinnamon crunch), house-made breads (banana, zucchini, cranberry, pumpkin & sweet potato)

Lunch Catering
Coffee, tea, juice, platters (fruit & cheese, vegetable, mini sandwiches, classic deli, combos, side salads (pasta, macaroni, cole slaw, fruit), tossed salads, wraps, and dessert platters

Holiday Special Orders
Sweet potato pound cake, pumpkin and banana breads, pies (sweet potato, pumpkin, apple), cookies, lemon sugar, chocolate chip, oatmeal cranberry)

Stop by or visit us online for the Full Menu & Specials!
www.recap.org/café