Head Start

Promoting school readiness for families through education, health, social & other services

About
Head Start supports the comprehensive development of children in the learning centers and in their own homes. Comprehensive development services include:

**Early Learning**
Teachers facilitate individualized learning experiences to promote children’s readiness for school and beyond. Through planned and spontaneous instruction, relationships with adults, and play, children grow in language and literacy, early math and science concepts, and social and emotional development.

**Health**
Children receive health and development screenings, nutritious meals, oral health and mental health support. Programs connect families with medical, dental, and mental health services, and ensure that children are receiving the services they need.

**Family Well-being**
Parents and families are supported in achieving their own goals, such as housing stability, continued education, and financial security. Programs support and strengthen parent-child relationships and engage families around children’s learning and development.

How to Apply
What do I need to provide?
- Completed application form (can be printed from our website)
- Verification of your family’s income for the past 12 months, including child support, unemployment, college grants/scholarships, SSI, and TANF
- Photo ID (parent/guardian)
- Proof of your child’s immunization records
- Certified copy of Birth Certificate (child)
- Medical Card (if applicable)
- Diagnosed Disability Documentation (I.E.P. or I.F.S.P. when applicable)

Applications available online [www.recap.org](http://www.recap.org)

10 percent of enrollment is reserved for children with disabilities, including severe disabilities.

Transportation may be available.

Eligibility
Eligible families must meet federal income guidelines and income verification is required. Call or visit us online for more information, annual income guidelines, and an application package.

Partnerships
Affiliated with regional and national organizations in the early learning fields
- United States Department of Agriculture Child and Adult Care Food Program (USDA CACFP)
- Enlarged City School District of Middletown
- Middletown Universal Pre-K

Non-Discrimination Statement
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